



TM

Massachusetts Emergency Care Training Agency -  
MECTA, Inc. *OUTDOORS*

*An L.J. Gosselin Company*

**Suggestions for a**

## **First Aid Kit for Children**

**Should be carried with them at all times.**

- Triangular bandages: used for holding dressings in place and immobilizing an injury
- Gauze pads (4X4): sterile and absorbent, mixed sizes or large.
- Roller gauze: for wrapping and holding gauze pads in place.
- Thick, absorbent compresses.
- Band-Aids, assorted sizes
- Emergency blanket

\* can be carried in a zip-lock® bag

**HAVE FUN, and Enjoy Nature!**

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