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Massachusetts Emergency Care Training Agency -
MECTA, Inc. *OUTDOORS*

An L.J. Gosselin Company

Suggestions for a

First Aid Kit for Children

Should be carried with them at all times.

- Triangular bandages: used for holding dressings in place and immobilizing an injury
- Gauze pads (4X4): sterile and absorbent, mixed sizes or large.
- Roller gauze: for wrapping and holding gauze pads in place.
- Thick, absorbent compresses.
- Band-Aids, assorted sizes
- Emergency blanket

* can be carried in a zip-lock® bag

HAVE FUN, and Enjoy Nature!

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