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Massachusetts Emergency Care Training Agency -
MECTA, Inc. *OUTDOORS*

An L.J. Gosselin Company

Suggestions for Outdoor Safety, Plan the trip with-in the child's limitations so the trip will be enjoyable.

Dangers:

- Avoid loose rocks
- Walking on these can cause serious injury

Slopes, Hills, and Cliffs:

- Children lose their footing easily, and slip and fall.
- It is better to walk around these areas.

Water and Mud

- Water always possesses problems, especially during colder times of year.
- The primary concern is to stay warm and dry.
- Deep, fast moving water can cause drowning.
- Waterways also can cause slipping into mud banks or on slippery rocks.
- *These areas should be approached with caution.*

Brush Piles

Children should be cautioned about climbing over brush piles because a support stick may protrude up through the pile.

Traveling In Brush

Children should be cautioned while traveling in brush. The pace should be slow or take a clearer route.

Poisonous Insects, Snakes, and Potentially Dangerous Animals

Be Aware and Avoid; point out where they sleep.

HAVE FUN, and Enjoy Nature!

MECTA™ Outdoors

